

Synopsis of  
**The Ananias Course:**  
Traveling with Others the Discipleship Path

**Session One: Ananias for One Another**

Date: Saturday October 3, 8:30am - 11am  
Tuesday October 6, 6:30pm - 9pm

Time: 2.5 hours

This session focuses on helping people understand their role in walking with others as a spiritual companion. It asks open ended questions and allows them to self-reflect on this idea.

It teaches the 3 concurrent journeys of the personal interior journey (personal relationship with Jesus or lack thereof), the ecclesial/sacramental journey (baptism, confirmation ,etc), and active/inactive (are they at Mass, receiving Sacraments, in the life of the parish, work of God).

**Session Two: No Two Journeys Are The Same**

Date: Saturday October 10, 8:30am - 12noon  
Tuesday October 13 6:30pm - 9:30pm

Time: 3-3.5 hours

This session teaches the thresholds and provides reflection questions and DVD testimonies for participants to see what the thresholds look like. Towards the end participants are invited to do the “Trace Your Own Journey” exercise and a simple ritual that includes the Angelus and small groups.

**Session Three: Do Chat. Threshold Conversations**

Date: Saturday, October 17, 8:30am - 12noon  
Tuesday, October 20. 6:30pm - 9:30pm

Time: 3-3.5 hours

This session teaches participants how to have a threshold conversation and reviews Daniels’ Story. It includes time to think about someone in their life who they could have a threshold conversation with. What would they say? What do they need in order to have an effective conversation with them?

## **Session 4: The Great Jesus Story**

Date: Saturday, October 24 9am - 3pm

NOTE: NO TUESDAY TIME. Everyone must be present for the Saturday Retreat

Time: 6 hour Day Retreat

Participants experience the proclamation of the Great Jesus Story with quiet and pictures. Throughout the proclamation they will have time to hear a presentation and contemplate a variety of scriptures, reflect on questions and sometimes discuss with others what they are experiencing.

If we are able to do this at the parish, lunch will be included. Details to come.

## **Session 5: The Great Jesus Story**

Date: Saturday, October 31 8:30am - 11:30am

Tuesday, November 3 6:30pm - 9:00pm

Time: 3 hours

Participants are invited to reflect upon their retreat experience. They will get to talk about what part of the Great Story stuck with them that week, what did you find confusing? What part difficult to understand or accept?

Then we begin to talk about how we share the Great Story and include the thresholds.

During the last hour we will talk more concretely about how people can use their new found skills. We want people to leave with a clear idea and a real clear plan to accompany others.